

## Keeping you up-to-date with

# Health & Safety

### *Congratulations*

**Charlotte Miller**, Health and Safety Injury Management Advisor, on 30 years service with ANZCO Foods

## 2025 in review

Our sites did some fantastic work this year in the health and safety space. Here's a recap of what happened.

### February

Marlborough staff responded quickly to a serious knife injury, resulting in a thank you from the paramedics who attended the incident.

Canterbury ran its Fun and Wellness Day, inviting health and wellness organisations in the community to meet with employees (Picture 1).

### March

Canterbury and Rakaia had their annual drill day to practice different emergency scenarios (Picture 2).

We profiled Isoa Turuva at Canterbury who organised some of the Coldstore team together to stretch before every shift (Picture 3).

### May

The Eltham Health and Safety team did an impressive presentation for the H&S Governance Group (Picture 4).

Canterbury had its annual knife sharpness competition, which promotes reducing overuse injuries, slips, and cuts.

### June

Green Island had a fire in its lunchroom, and the team responded well.

We ran the Wellbeing Bingo competition. If you have any ideas for what we could include in the Bingo next year, we'd love to hear from you.

### September

Canterbury launched its health and safety postcard initiative, which was later extended across the site and to Rakaia and Ashcold. (Picture 5).

### November

In November, Canterbury offered health checks to employees.

**Thanks to everyone for their hard work this year in improving health and safety at ANZCO Foods.**



1.



2.



3.



4.



5.



## A note from Craig Coburn, Health and Safety Governance Group member and GM People and Capability

A big thank you to everyone at ANZCO Foods as we head towards the end of 2025.

We often say health and safety is everyone's responsibility. Each year we see people making this approach part of how we work and this is reflected in our improving health and safety statistics that continue to trend in the right direction.

During the past decade we've made strong progress, including better guarding and more effective PPE across our sites. More recently our focus has included achieving and maintaining an ISO Health and Safety accreditation standards, and on our safety conversations initiative which is about building on our health and safety culture.

This year Site Managers Brendan Poole and Geoff Proctor visited every site to lead sessions where the goal is to have quality conversations that help us understand what's working well and where we can improve before injuries occur. This programme will continue to strengthen our safety performance.

Thank you for your ongoing contribution to keeping each other safe in our work environments.

We also continue to trial improvements to PPE including cut-resistant gloves, our investment in new equipment, and our ongoing focus around promoting safe work practices.

Stay safe, look out for one another, and keep speaking up – it makes a real difference.

If there's anything you want to see in future editions of the Health and Safety newsletter, let us know by emailing [HealthandSafetyAdmin@anzcofoods.com](mailto:HealthandSafetyAdmin@anzcofoods.com)

## Deb's AEP training

Deb Parsons, Group ACC Advisor, has run injury management training over the last few months.

The training is delivered to supervisors, health and safety reps, and first aiders – key people who support our injured employees. The sessions cover the impact of injury and provide information and resources on how to support a safe early return to work, identifying alternative duties, and developing a return-to-work plan.

Around 20 Eltham and 150 Canterbury people attended the training. Employees at other ANZCO sites will receive training in the next few months.

### Deb received good feedback on the sessions:

- "I recently attended an injury management course at ANZCO Foods Canterbury and the biggest thing I took away from it was just how important clear, genuine communication is when someone's dealing with an injury claim. When we stay in touch, check in properly, and keep things open and honest, people feel supported rather than pushed. They feel valued, not replaceable. It also makes it easier for them to speak up if something isn't going well. Keeping that connection with the workplace can really help reduce stress and keep them feeling positive while they recover."

**Cameron Nickerson**, Lamb Cooling Floor Supervisor.

- "The supporting early return to work training was very valuable. It strengthened my understanding of the return-to-work process and gave me useful tools to support employees with confidence."

**Craig Burdett**, Beef Yards Health and Safety Rep.

**Merry Christmas from the ANZCO Foods Health and Safety team.**

**Wishing you a relaxing and safe holiday season, and we'll see you in 2026.**

## Any questions or feedback?

If you've got any questions or feedback on anything in this newsletter please contact the Health and Safety team at:

[HealthandSafetyAdmin@anzcofoods.com](mailto:HealthandSafetyAdmin@anzcofoods.com)

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